

Liver fibrosis scan



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Hidden threats to your liver? A fibrosis scan is helpful

- Around **1 in 3 people** worldwide has non-alcoholic fatty liver disease.
- Fatty liver can progress to **liver fibrosis**, then to **cirrhosis**, and may further lead to **liver failure** or **liver cancer**.

Risk factors for liver fibrosis

Metabolic Dysfunction–Associated Steatotic Liver Disease

People with the following conditions are at higher risk of non-alcoholic steatohepatitis (NASH)



Diabetes
(high blood sugar)



Hypertension
(high blood pressure)



High cholesterol



Obesity



Central obesity
(waist circumference:
≥ 90 cm for men and
≥ 80 cm for women)



Long-term poor dietary habits and lack of physical activity



Viral Hepatitis
75% of all liver cancers occur in Asia, mainly associated with HBV and HCV

Chronic Viral Hepatitis (hepatitis B, C, and D)



Alcohol-Associated Liver Disease

Alcoholism

Why Fibrosis Scan?



Non-invasive and painless procedure



Free from radiation exposure



Measures liver stiffness and the amount of fat in liver